

# Lactospey® GOLD

**For the Use of a Registered Medical Practitioner or a Hospital or a Laboratory Only**

Pre-Probiotic Capsules  
**Lactospey® GOLD**

## COMPOSITION

Lactobacillus Acidophilus	2 billion cfu
Lactobacillus Plantarum	2 billion cfu
Lactobacillus Rhamnosus	2 billion cfu
Lactobacillus Paracasei	2 billion cfu
Lactobacillus Casei	1 billion cfu
Lactobacillus Salivarius	2 billion cfu
Bifidobacterium Lactis	2 billion cfu
Bifidobacterium Breve	2 billion cfu
Fructo oligosaccharide s	100 mg

## OTHER INGREDIENTS

Starch, lactose, talcum, gelatin animal origin (capsule shells), contains permitted colours & class II preservatives added.

## DESCRIPTION

Over 70% of our immune system function is in our gut! **Lactospey® Gold** is a revolutionary blend of shelf-stable live microbes which support digestive immune health. Each **Lactospey® Gold capsule** delivers 15 billion colony forming units (CFUs) to promote healthy digestion, nutrient absorption, microflora recolonization and healthy bacteria-yeast levels in the gut. The human large intestine is naturally filled with billions of microbes that protect against invading pathogens and help breakdown unwanted food matter. Without proper balance and activity of these beneficial bacteria, the digestive system and the immune system would not function appropriately. **Lactospey® Gold** Prebiotics & Probiotics Supplement supplies the body with an ample dose of beneficial bacteria while cleaning out excess waste of the digestive tract.

**Lactospey® Gold supplementation is beneficial for:**

- Irritable bowel syndrome
- Infectious diarrhoea
- Traveller's diarrhoea
- Antibiotic associated diarrhoea

## DOSAGE AND ADMINISTRATION

One Capsule 1 to 2 times a day or as prescribed by the physician

## CONTRAINDICATIONS

- Hypersensitivity to any of the ingredients.
- Intolerance to milk or lactose
- Immunocompromised state

## WARNINGS AND PRECAUTIONS

- Patients hypersensitive to milk should not use the product containing Lactobacillus.
- Use in severely ill and malnourished children.
- Use in severely ill adults/having terminal illness.

## DRUG INTERACTIONS

Concomitant intake of **Lactospey® Gold** along with antibiotics should be avoided since it may inactivate some strains of bacteria. To maximize the beneficial effect of **Lactospey® Gold**, take it at least 2 hours apart from your dosage of antibiotics. This way as few as possible of the 'good bacteria' will get killed by the antibiotics in your gut.

## USE IN SPECIAL POPULATION

### Pregnancy and Lactation

According to certain clinical studies, it is safe to take probiotics during pregnancy and while breast-feeding. Consult your doctor before taking **Lactospey® Gold** if you are pregnant or breast-feeding.

### Hepatic and renal impairment

There are no adequate and well controlled studies of this formulation in patients of hepatic or renal impairment. Caution should be exercised while taking **Lactospey® Gold** in hepatic and renal impairment patients.

## ADVERSE REACTIONS

**Lactospey® Gold** is well tolerated however some of the most common adverse effects observed during probiotic therapy included constipation, bloating and flatulence. Other side effects like itching, hiccups, urticarial exanthema, endocarditis and septicaemia have also been reported during the treatment. However, it is not known whether these symptoms are due to probiotic therapy or concomitant antibiotic therapy.

## OVERDOSAGE

In case of overdose, symptomatic and supportive treatment is indicated.

## STORAGE

Store at temperatures not exceeding 25°C. Protect from light and moisture. Do not freeze.  
Keep out of reach of children.

## MARKETED BY:

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