

# Lactospey® BV

**For the Use of a Registered Medical Practitioner or a Hospital or a Laboratory Only**

LPrebiotic & Probiotic Capsules

**Lactospey® BV**

## COMPOSITION

Lactobacillus Acidophilus	2 billion cfu
Lactobacillus Rhamnosus	2 billion cfu
Lactobacillus Reuteri	2 billion cfu
Lactobacillus Plantarum	1 billion cfu
Lactobacillus Casei	1 billion cfu
Lactobacillus Fermentum	1 billion cfu
Bifidobacterium Bifidum	1 billion cfu
Fructooligosaccharides	100 mg
Excipients	q.s.

## OTHER INGREDIENTS

Permitted food colours & class II preservatives added.

## DESCRIPTION

All women should be concerned about their vaginal health. As vagina has a moist and dark environment, overgrowth of harmful organisms can be a serious problem. The balance of natural healthy bacteria which is naturally present in the vagina can easily be disrupted. Supplementing with **Lactospey® BV** is an excellent way to ensure your body always has the healthy bacteria it needs to keep your vagina healthy, and your immune system in good working order. **Lactospey® BV** has good strain diversity which is the key to making probiotics work at a higher success rate. Each **Lactospey® BV** capsule contains 7 beneficial strains of good bacteria and 10 billion live cultures, which contributes in maintaining a good urogenital health.

## Lactospey® BV supplementation is beneficial for:

- Treatment of bacterial vaginosis, vulvovaginal candidiasis and recurrent urogenital infections
- Prophylaxis of bacterial & fungal urogenital infections, sexually transmitted diseases and reproductive complications

## DOSAGE AND ADMINISTRATION

One capsule twice daily or as prescribed

## CONTRAINDICATIONS

- Hypersensitivity to any of the ingredients
- Intolerance to milk or lactose
- Immunocompromised state

## WARNINGS AND PRECAUTIONS

- Patients hypersensitive to milk should not use the product containing Lactobacillus
- Use in severely ill and malnourished children
- Use in severely ill adults/having terminal illness

## DRUG INTERACTIONS

Concomitant intake of **Lactospey® BV** along with antibiotics should be avoided since it may inactivate some strains of bacteria. In case of necessity of antibiotics co-administration, take it at least 2 hours apart from your dosage of antibiotics so as to maximize the beneficial effect of **Lactospey® BV**. This way as few as possible of the 'good bacteria' will get killed by the antibiotics in your gut.

## USE IN SPECIAL POPULATION

### Pregnancy and Lactation

According to certain clinical studies, it is safe to take probiotics during pregnancy and while breast-feeding. Consult your doctor before taking **Lactospey® BV** if you are pregnant or breast-feeding.

### Hepatic and renal impairment

There are no adequate and well controlled studies of this formulation in patients of hepatic or renal impairment. Caution should be exercised while taking **Lactospey® BV** in hepatic and renal impairment patients.

## ADVERSE REACTIONS

**Lactospey® BV** is well tolerated however some of the most common adverse effects observed during probiotic therapy included constipation, bloating and flatulence. Other side effects like itching, hiccups, urticarial exanthema, endocarditis and septicemia have also been reported during the treatment. However, it is not known whether these symptoms are due to probiotic therapy or concomitant antibiotic therapy.

## OVERDOSAGE

In case of overdose, symptomatic and supportive treatment is indicated.

## STORAGE

Store in a cool, dry & dark place. Protect from light and moisture. For better results, store between 2-8°C.

Do not freeze.

Keep out of reach of children.



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